



The Illinois Center for Rehabilitation and Education – Wood (ICRE-Wood) assists adults who are blind or visually impaired in rediscovering their independence and freedom. ICRE-Wood staff work one-on-one with participants to help them achieve their employment, education, training, and independent living goals.

ICRE-Wood offers a concentrated, short-term residential program for adults who are newly blind or visually impaired. During this 14-week course, participants receive intensive training in mobility, orientation, and activities of daily living.

All ICRE-Wood programs are free to eligible Illinois residents.

For more information about ICRE-Wood programs, contact:

ICRE-Wood

1151 South Wood Street
Chicago, IL 60612

312/633-3520 (V), 312/633-3828 (TTY)

For information on other programs for people who are blind or visually impaired, contact:

**Illinois Department of Human Services
Division of Rehabilitation Services
Bureau of Blind Services**

PO Box 19429
Springfield, IL 62794-9429

217/785-3887 (V/TTY)

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DHS 4157 (R-07-13) DRS' ICRE-W Senior Day Program
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Illinois Center for Rehabilitation and Education - Wood
Senior Day Program

Where Independence Happens



What is the Senior Day Program?

The Senior Day Program is for individuals, ages 55 and older, who are blind or visually impaired and want to learn skills that will help them maintain their independence.

It is also an opportunity for individuals to get acquainted with others and have fun!



Daily Living Skills

- Money management
- Clothing care
- Cooking
- Housekeeping
- Shopping
- Grooming
- Using writing guides
- Hand sewing
- Labeling
- Organization skills
- Mobility techniques
- Adaptive games

Presentations

Representatives from governmental and community organizations make presentations on a variety of relevant topics.



How much does it cost?

This program is free for Illinois residents, ages 55 and older, who are blind or visually impaired.

The program includes a free breakfast served until 9:30 with a free lunch served from 11:30 until 12:30.

When and Where is it held?

The 10-week program is offered four times a year.

Sessions are held on:
Tuesdays and Thursdays
10:00 a.m. – 2:00 p.m.

The programs are held at ICRE-Wood,
1151 South Wood Street, Chicago.

How to Register?

For more information or to enroll in the Senior Day Program, call:
312/633-3520 (Voice)
888/261-7913 (TTY/NexTalk)