



# COOL DOWN WELLNESS CHECK

Resident Name \_\_\_\_\_ DHS Number \_\_\_\_\_

Date Cool Down Started \_\_\_\_\_ Time Cool Down Started \_\_\_\_\_

Initial Wellness Check Staff Signature \_\_\_\_\_

Wellness Check Time

STA Signature

Cool Down		
Extended CD		
Extended CD		

When a resident is offered and accepts a "Cool Down" a Wellness Check will be conducted within 15 minutes after the initial acceptance. This information will be documented on an Incident Report after the initial acceptance of the cool down. After the initial Wellness Check, staff will conduct Wellness Checks every 30 minutes thereafter and document the information on a log sheet to be turned in with the incident report releasing the resident from his cool down. Any questions can be directed to the Security Director's office.

Definition: Wellness Check - State of well being. Examples: Movement during normal working hours; rise and fall of the chest when sleeping; resident not under any duress.