

Considerations in Selection of a Vehicle for Medication Administration

	Vehicle	Options
Texture	Too course	Chop vehicle until it is the desired texture or select another vehicle.
	Too fine	DO NOT USE. Obtain vehicle of the appropriate texture.
Consistency	Too sticky	Add liquid, condiments, or fats. i.e., add mayonnaise to pasta salad; add butter or milk to mashed potatoes.
	Too runny	Fruits and vegetable that are processed are often too runny. Drain off fluid, add unflavored gelatin, add cookie crumbs (to fruit), add bread crumbs, cracker crumbs, or brand powder.
	Too wet	Blot the vehicle (food) with a paper towel or napkin (before adding medication!) or add bread, cookie crumbs or brand powder.
	Too dry	Add a binder, liquids, condiments, or fats.

Adapted from Beckman & Roberts (1992)