



Introduction to Basic Health & Safety

Module 6

Agenda for Module 6 - Basic Health and Safety

Section 1: Introduction to Basic Health & Safety

Definitions:

- Principles of Care
- Isolation Procedures
- Infection Control
- Medication Information
- Documentation
- Older Adults
- Confidentiality and HIPAA

Section 2: Human Growth & Development
Developmental Milestones

Section 3: Vital Signs and Symptoms
Vital Signs
Symptoms of Illness & Diseases
Vaccinations

Section 4: Wellness
Eating & Food Safety
Kids' and Adults' Health Food Pyramid
Nutrition & Diets
Mental Health
Aging
Burnout and Stress Management

Section 5: Assisting with Activities of Daily Living
Finger and Toenail Care
Shaving
Bathing
Gum/Teeth Care
Hand washing

Section 6: Environmental & Individual Safety
Kitchen Safety & Cleanliness
Food Safety
Accidental Poisoning
Fire Safety & Evacuations
Safe Transportation
Safe Lifting
Exercise