



If you have any questions about alcohol or other drugs, call:

**Illinois Department of Human Services**  
Division of Alcoholism and Substance Abuse

**1-866-213-0548 (toll-free Voice)**

**1-866-843-7344 (toll-free TTY)**

If you have questions about Illinois Department of Human Services (IDHS) programs or services please call or visit your local Family Community Resource Center (FCRC). We will answer your questions. If you do not know where your FCRC is or if you are unable to go there, you may call the automated helpline 24 hours a day at:

**1-800-843-6154**

1-800-447-6404 (TTY)

You may speak to a representative between:  
**8:00 a.m. - 5:30 p.m.**  
**Monday - Friday** (except state holidays)

Visit our website at:  
**[www.dhs.state.il.us](http://www.dhs.state.il.us)**



Programs, activities and employment opportunities in the Illinois Department of Human Services are open and accessible to any individual or group without regard to age, sex, race, sexual orientation, disability, ethnic origin or religion. The department is an equal opportunity employer and practices affirmative action and reasonable accommodation programs.



**CRACK**

**Facts You Should Know About**



**“Crack”** is the street name given to cocaine that has been processed from cocaine hydrochloride to a free base for smoking. It is in the form of small, hard, white chunks and is a stimulant to the central nervous system. Crack is deadlier than other forms of cocaine and is extremely addictive. Anyone using crack may become an addict in two to three weeks, and in some cases, people who try crack become instantly addicted the first time they use the drug.

### **Methods of Intake:**

Smoked

### **THE HIGH:**

Crack reaches the brain in less than 8 seconds and produces a “high” which peaks in 10-15 seconds and lasts only 15 minutes. This “high” is produced because crack tricks the brain into releasing chemicals that produce a false feeling of intense pleasure.

### **THE LOW:**

The “high” is immediately followed by an intense “low”. The “low” begins with feelings of sadness and depression, followed by irritability, sleeplessness, and paranoia. Finally, the user experiences a schizophrenic-like psychosis with delusions and hallucinations. The use of crack is also accompanied by a number of physical side effects.

### **Side Effects:**

Chronic sore throat  
Bronchitis  
Respiratory problems  
Weight loss  
Brain seizures  
Sweating  
High blood pressure  
Hoarseness  
Lung cancer  
Slowed digestion  
Increased heart rate

Dilated pupils  
Heart attack  
Shortness of breath  
Emphysema  
Burning of the lips/tongue/throat  
Increased blood pressure  
Increased body temperature  
Increased blood sugar levels

### **Withdrawal Effects:**

Nausea  
Paranoia  
Physical problems  
Intense craving of the drug

### **Sources:**

- <http://www.lec.org/DrugSearch/Documents/Alcohol.html>
- <http://www.nida.nih.gov/Infobox/cocaine.html>

## **SUBSTANCE ABUSE TREATMENT FACILITY LOCATOR**

If you would like to know what substance abuse treatment providers are in your community, contact one of the following helplines:

1-800-662-HELP  
1-800-662-9832 (Español)  
1-800-228-0427 (TTY)

OR, visit the following website:

<http://findtreatment.samhsa.gov/TreatmentLocator>