



Did You Know?

When taking a Stimulant RX, it's important to avoid:

- Ingesting too much caffeine (i.e., coffee, tea, sodas, energy drinks)
- drinking any alcohol

What to expect when cutting back or quitting using stimulant prescriptions:

- Change takes time.
- You may have some withdrawal symptoms.
- You will need support.

You don't have to do this alone:

- Contact your doctor if you are thinking about making a change.
- Together you will set up a plan for a safe way to make a change.

How can I learn more?

Visit this helpful website:
www.drugabuse.gov

Something to try:

Community Resources:

Behavioral Specialist:

Name _____

Contact _____

Name _____

Contact _____

Useful Websites/Literature:

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We Ask Everyone

About

Stimulant Prescriptions



The Illinois SBIRT Initiative
Screening, Brief Intervention,
and Referral to Treatment



Stimulant Prescriptions

Stimulant medications are prescribed to help with:

- ADHD
- Trouble Sleeping
- Weight Problems



Common Stimulant RX:

- Dexedrine®
- Concerta®
- Adderall®
- Ritalin®

Will these pills help me focus?

For people with ADHD, stimulants may calm or help them focus.

Stimulant pills can lead to more hyper or aggressive behavior for people that don't have ADHD.

Don't Borrow or Share!

- Using a medicine that is not yours could cause health problems.
- ADHD pills that are bought on the street may not be the real medicine.
- A lot of pills look the same but are many different types of medicines.
- Not all stimulant medications have the same amount of medicine in each pill.
- Adult doses and child doses are not equal and can be dangerous to share!

Effects of Stimulant Prescriptions

