



If you have any questions about alcohol or other drugs, call:

Illinois Department of Human Services
Division of Alcoholism and Substance Abuse

1-866-213-0548 (toll-free Voice)

1-866-843-7344 (toll-free TTY)

If you have questions about Illinois Department of Human Services (IDHS) programs or services please call or visit your local Family Community Resource Center (FCRC). We will answer your questions. If you do not know where your FCRC is or if you are unable to go there, you may call the automated helpline 24 hours a day at:

1-800-843-6154

1-800-447-6404 (TTY)

You may speak to a representative between:
8:00 a.m. - 5:30 p.m.
Monday - Friday (except state holidays)

Visit our website at:
www.dhs.state.il.us



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COCAINE

Facts You Should Know About



Cocaine is a powerful central nervous system stimulant that is in the form of a white crystalline powder.

Slang Terms:

Coke	Snow
Flake	Nose candy
Blow	Big C
Snowbirds	Lady
White	

Methods of Intake:

Snorted	Injected
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THE HIGH:

Cocaine heightens alertness, inhibits appetite and the need for sleep, and provides intense feelings of pleasure. The high appears almost immediately after a single dose and disappears within a few minutes or hours. The duration of the high depends on the route of administration. The faster the absorption of the cocaine occurs, the more intense but shorter in duration the high will be.

THE LOW:

Cocaine can trigger a number of unpleasant, sometimes deadly effects. Prolonged cocaine snorting can result in ulceration of the mucous membrane of the nose and can damage the nasal septum enough to cause it to collapse.

Side Effects:

Rapid speech	Bizarre behavior
Tremors	Muscle twitches
Paranoia	Anxiety
Seizures	Blurred Vision
Headaches	Insomnia
Heart attack	Coma

Withdrawal Symptoms:

A cocaine high is short lived, and once the drug leaves the brain the user experiences a "coke crash."

- Fatigue
- Sleep & eating disorders
- Depression
- Irritability

Sources:

- <http://www.drugfreeamerica.org> ;
- <http://onhealth.com/conditions/conductr/substance/item%2C51695.asp> ;
- <http://www.arf.org/isd/pim/cocaine.html> ;

SUBSTANCE ABUSE TREATMENT FACILITY LOCATOR

If you would like to know what substance abuse treatment providers are in your community, contact one of the following helplines:

- 1-800-662-HELP
- 1-800-662-9832 (Español)
- 1-800-228-0427 (TTY)

OR, visit the following website:

<http://findtreatment.samhsa.gov/TreatmentLocator>