

PEER RECOVERY COACHING TRAINING

The Illinois Department of Human Services/Division of Substance Use Prevention and Recovery (IDHS/SUPR) is moving the state substance use disorder (SUD) treatment system to a Recovery-Oriented System of Care (ROSC) to ensure that an appropriate mix of treatment services and recovery supports for youth, adults and families is available and accessible throughout the state. Moving from the current acute care model to a chronic care approach requires that the entire system embrace a recovery management approach to support those affected by SUDs and to expand the current continuum of care. As part of that expansion, IDHS/SUPR is offering training on Peer Recovery Coaching.

Peer Recovery Coaching is a strength-based recovery support service for people with a substance use disorder. Peer Recovery Coaching is a peer-based service that is provided mainly by persons who are in recovery themselves and as a result have gained knowledge on how to attain and sustain recovery. Peer Recovery Coaches are non-clinical and do not diagnose or treat substance use disorders, however, a coach may assist in accessing clinical services.

Through relationships and social networks, recovery supports promote and foster health, increase access to housing, and reduce barriers to employment and education. Peer Recovery Coaches help individuals and their families in their recovery from substance use disorder. They are instrumental in removing barriers and obstacles to recovery and serve as a personal guide and mentor for people seeking, or already in recovery.

To support the many pathways to recovery, **IDHS/SUPR is sponsoring a five-day Peer Recovery Coaching training scheduled for September 23-27, 2019.** Your participation is voluntary, but we hope that you will take advantage of this training opportunity. We encourage you to send one participant that may be seeking to obtain the Certified Peer Recovery Specialist (CPRS) credential. In advance of the training, we highly encourage you to learn more about the CPRS. Please visit:

<http://www.iaodapca.org/credentialing/certified-peer-recovery-specialist-cprs/>.

Registration for the training will be on a first come/first serve basis. Because the training is limited to 25 participants, IDHS/SUPR licensed recovery homes, STR and SOR-funded grantees and treatment providers located in DHS regions 3, 4 and 5 will be given special consideration.

**Register for the five-day
Peer Recovery Coaching
training on
September 23-27, 2019
at**

<https://www.prevention.org/training/EventDetails?i=1858>

IDHS/SUPR will maintain a waiting list and may offer the training later this fiscal year if the demand for this training is high. The training is being held in Mount Vernon to encourage the participation of our rural providers, due to the lack of CPRS in rural areas and to address the unique needs and barriers that exist in rural areas.

The Peer Recovery Coaching training will be conducted by *Helios* and organized by Prevention First. All training materials are free to participants and there is no registration fee. In addition, IDHS/SUPR is covering lodging expenses. IDHS/SUPR is not responsible for any other associated costs, such as mileage to and from the training, meals or incidentals.

To register, please visit the Prevention First website at <https://www.prevention.org/training/EventDetails?i=1858>

The Peer Recovery Coaching training will be held at the DoubleTree by Hilton located at 22 Potomac Boulevard in Mount Vernon.

Participants should not reserve a room until they receive an email confirming their attendance. Participants will be responsible for making their own reservation, paying for lodging and submitting an invoice to Prevention First for reimbursement.

Please direct any questions regarding this training to Tracey Loggins at Tracey.Loggins@illinois.gov or (312) 814-6357.