

Medication Assisted Recovery with Methadone

Sharing Your Methadone Dosage Information with the Prescription Monitoring Program (PMP) and other Healthcare Provider

To receive the safest and best care while you are receiving Medication Assisted Recovery with methadone, your consent is needed to share your information with the PMP and other healthcare providers.

Why is this important? Without your voluntary consent, another healthcare provider would not have your dose information and may stop or reduce your methadone dose. Your consent to share your methadone dosage also helps healthcare providers work together and reduce the risk of negative medication interactions; a doctor or - pharmacist who isn't part of your opioid treatment program (OTP) will not know what medications are safe to prescribe for your treatment.



Why would this happen? You may need to visit the emergency room (ER) due to an accident, because you need emergency health care (e.g., asthma attack, COVID-19), or you may need to be hospitalized. In these cases, you may not be able to tell your healthcare provider your methadone dosage.



Other Benefits: When you consent and allow your OTP to disclose your methadone dosage to the PMP and other healthcare providers treating you for other conditions such as diabetes or high blood pressure, you improve the quality of your medical care and decrease the risk of a negative medication interactions and even a drug overdose.

Additional Confidentiality Protections: Your consent to share your methadone dosage with the PMP and healthcare providers does not mean it can be shared with others without your consent. Information related to your opioid use disorder and treatment has additional privacy and confidentiality protections. In addition to the Health Insurance Portability and Accountability Act of 1996 (HIPAA), your information is also protected by federal regulation 42 CFR Part 2. These laws protect your healthcare records including your opioid use disorder treatment records. Federal regulation requires patient consent for sharing most information about treatment, payment, or other healthcare operations.

And your information cannot be disclosed to anyone that is not considered a Part 2 program "lawful holder" and any information that is shared legally is still protected by 42 CFR Part 2 from being shared with others. Information may only be released for legal or law enforcement purposes through a much stricter Part 2-compliant court order, usually only used in cases of extremely serious crimes.

Without your consent, your information cannot be shared with your family, landlord, or employer. You may choose to provide general consent to those who assist you with treatment or you can name who receives your information. You can also cancel your consent for release of your treatment information at any time although information may have already been shared with consent before you cancel.

How To Give Consent: Speak to your OTP, a signed consent form is all that is needed to share your methadone dosage information with the PMP and other healthcare providers.