

Suicide Prevention



Illinois Youth Suicide Prevention Project

Illinois State Zero Suicide Workshop *Suicide prevention in health care systems*

April 29, 2015

(pre-conference to statewide conference)

DoubleTree by Hilton, 10 Brickyard Drive, Bloomington, IL

Invitation

Do your clinicians feel comfortable and confident treating patients who are suicidal? Do you know how many of your clients are at risk? Do your clinical protocols reflect best practices for identification of risk, harm reduction, follow up care and transition supports?

As you know, suicide is a major public health issue. Each year, over 1,000 citizens die by suicide in Illinois. Perhaps most alarming is the high suicide rate among those suffering with mental illness. Across the county, states and provider organizations are committing to the goal of Zero Suicide. The Illinois Department of Public Health (Department) is utilizing federal suicide prevention funds to serve as a platform for organizations to learn about the framework for systematic, clinical suicide prevention in health care systems.

The commitment to suicide prevention in health care systems has been referred to as the “Zero Suicide” approach. It is both a concept and a practice. Its core propositions are that suicide deaths for people under care are preventable, and that the bold goal of zero suicides among persons receiving care is an aspirational challenge that health systems should accept. The approach aims to improve care and outcomes for individuals at risk of suicide in health care systems. It represents a commitment to patient safety—the most fundamental responsibility of health care—and also to the safety and support of clinical staff who do the demanding work of treating and supporting suicidal patients. Visit www.zerosuicide.com for more details.

The Department is pleased to host a pre-conference event to introduce healthcare organizations to the Zero Suicide approach. Three leading experts in the implementation of Zero Suicide in health and behavioral healthcare will serve as faculty. – Mike Hogan, PhD, Hogan Health Solutions; Sarah A. Bernes, MPH, MSW, Suicide Prevention Resource Center; and Becky Stoll, Centerstone. *(See bios on third page)*

This hands-on pre-conference workshop will introduce organizations interested in a commitment to suicide prevention in healthcare systems. Participants will learn to describe the core dimensions of the Zero Suicide model, complete an organizational self-study, identify key next steps, and describe the tools available to healthcare organizations seeking to adopt a suicide safer care approach. During the workshop, faculty will provide interactive presentations and small group sessions. While individuals are welcome, we encourage teams to attend together.

Registration

This workshop is a pre-conference event to the statewide suicide prevention conference. Register for the workshop will be available early March on the Illinois Public Health Association webpage at <http://www.ipha.com/Public/Events/EventDetails.aspx?eventId=362>.

Intended audience

The goal of the workshop is to bring together health plans and organizations interested in learning how to implement the Zero Suicide approach. This is a great opportunity for an organization to send staff that can facilitate the implementation of the approach, including at least one person in senior clinical leadership. Preference for attendance will be given to organizations that have senior leadership support and attend in teams; however, individuals are welcome. Staff from the same organization are encouraged to attend together. Potential organizations would include:

- Behavioral health organizations
- Community health centers or clinics that have integrated behavioral health capacity
- Community mental health clinical settings (centers, clinics, addiction provider)
- Federal qualified health centers
- Free standing/distinct addiction treatment programs
- Hospitals with a behavioral health program (inpatient, outpatient, ED)
- Inpatient psych facilities
- Integrated delivery systems
- Primary care organizations with onsite behavioral health care
- Private insurers

Training Agenda

8a – 9a	Registration, Networking	1:15p – 2:15p	Leadership Elements of Zero Suicide:
9a – 10:45	<ul style="list-style-type: none">WelcomeParticipant introductionsZero Suicide in Healthcare: Background and Overview		<ul style="list-style-type: none">Employee Training and AssessmentQuality Improvement and EvaluationLeadership and the Role of Lived Experience
10:45a - 11a	Break		
11a – 12:30p	Clinical Elements of Zero Suicide <ul style="list-style-type: none">Screening, Assessment and Suicide Care Management PlanSafety Plans and Lethal Means ReductionEffective, Evidence-Based TreatmentEngagement and Supportive Contacts	2:15 – 4p	Getting Started Implementing Zero Suicide <ul style="list-style-type: none">Considerations in Getting StartedImplementation Resources and SupportsInitial Implementation PlanningReport-Out of Implementation Plans, Debrief
12:30p – 1:15p	Working Lunch: Review/discuss Organizational Self-Study		

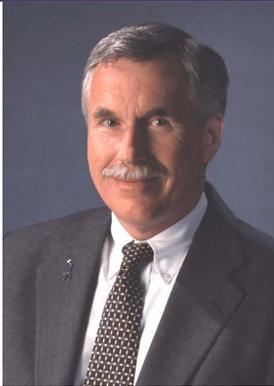
Continued support

It is the intent of the planning committee to provide continuing support to agencies that participate in the workshop. In addition to linking agencies to technical assistance provided by the Suicide Prevention Resource Center, the Department will host regular conference calls to allow participants to share how they are implementing Zero Suicide strategies and gain insight from each other.

Continuing Education Credits

The following continuing education credits have been applied for: Licensed Clinical Professional Counselors, Licensed Professional Counselors, Licensed Social Workers, Licensed Occupational Therapists and Occupational Therapy Assistants, Licensed Physical Therapist and Physical Therapy Assistants, RNs, LPNs and Advanced Practice nurses, Psychologists, in addition to several professional certifications. If you have any questions about the status of the applications for continuing education credits, please contact Jennifer Martin at the contact information below.

Featured presenters include:



Michael F. Hogan, Ph.D.
Principal, Hogan Health Solutions LLC

Dr. Michael Hogan served as New York State Commissioner of Mental Health from 2007-2012, and now operates a consulting practice in health and behavioral health care. The NYS Office of Mental Health operated 23 accredited psychiatric hospitals, and oversaw New York's \$5B public mental health system serving 650,000 individuals annually. Previously Dr. Hogan served as Director of the Ohio Department of Mental Health (1991-2007) and Commissioner of the Connecticut DMH from 1987-1991. He chaired the President's New Freedom Commission on Mental Health in 2002-2003. He was appointed as the first behavioral health representative on the board of The Joint Commission in 2007, and as a member of the National Action Alliance for Suicide Prevention in 2010. He is a member of the NIMH National Mental Health Advisory Council. Previously, he served on the NIMH Council (1994-1998), as President of the National Association of State Mental Health Program Directors (2003-2005) and as Board President of NASMHPD's Research Institute (1989-2000). His awards for national leadership include recognition by the National Governor's Association, the National Alliance on Mental Illness, the Campaign for Mental Health Reform, the American College of Mental Health Administration and the American Psychiatric Association. He is a graduate of Cornell University, and earned a MS degree from the State University College in Brockport NY, and a Ph.D. from Syracuse University.



Sarah A. Bernes, MPH, MSW
Research Associate, Suicide Prevention Resource Center, Education Development Center, Inc.

Sarah A. Bernes, MPH, MSW is a research associate at the Suicide Prevention Resource Center (SPRC). She manages the provision of technical assistance to states and health and behavioral health care organizations adopting a Zero Suicide approach, including through individual coaching, public webinars, site visits, mentoring, and the Zero Suicide Learning Collaboratives. Sarah also manages the Best Practices Registry for Suicide Prevention (BPR).

Previously, she worked at the American Association of Suicidology (AAS) on psychological autopsy research studies. Sarah is certified by AAS as a Psychological Autopsy Investigator and an individual Crisis Worker, having volunteered for many years on a crisis hotline. Sarah received her master's in public health from the Johns Hopkins Bloomberg School of Public Health and her master's in social work from the University of Maryland School of Social Work.



Becky Stoll, LCSW
Centerstone, Vice President, Crisis & Disaster Management

Becky Stoll is responsible for the overall operation of Centerstone's Crisis Services as well as Crisis Management Strategies. Ms. Stoll graduated from Tennessee State University in Nashville, Tennessee, with a BS in Psychology. She received her Master's in the Science of Social Work from the University of Tennessee in Nashville, Tennessee. Ms. Stoll is a Licensed Clinical Social Worker with 20 years of behavioral health experience. She is recognized as a national and international speaker and consultant in the area of suicide prevention crisis systems and crisis/disaster management. She is a Certified Employee Assistance Professional and Board Certified as an Expert in Traumatic Stress. Ms. Stoll serves as the Chair of the Board of Directors for the International Critical Incident Stress Foundation.

Question about: *Contact...*

The workshop Jennifer Martin, Illinois Department of Public Health, Jennifer.L.Martin@illinois.gov, 217-558-4081

Registration Angie Wanger, Illinois Public Health Association, AWanger@ipha.com, 217-522-5687

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