

Request for Information

Women in recovery, reentering the community seeking a pathway to Social Determinants of Health

Illinois Department of Human Services/Division of Substance Use Prevention and Recovery (IDHS/SUPR)

Illinois Housing Development Authority (IHDA)

I. Introduction

The Illinois Department of Human Services (IDHS), in collaboration with the Illinois Housing Development Authority (IHDA), is requesting information with the goal of expanding pre- and post-release services across the state for women who are re-entering the community from jails or prisons.

Both IDHS and IHDA are aware that there are many services across the state that serve women involved with the criminal justice system. This Request for Information (RFI) will provide a landscape of services to inform IDHS/IHDA in making policy and program decisions that best reflect what is currently being offered, and where there are gaps and opportunities.

Existing data has illustrated that women in jails and prisons report higher rates of mental health problems such as depression, post-traumatic stress disorder (PTSD), and substance use challenges. Substance use among justice-involved women is at least as prevalent, if not more so, than men, with 65-80% of women in prisons or jails reporting at least some drug involvement. Women are twice as likely as men to have co-occurring substance use disorders and mental illness (40.5 percent for women vs. 22.9 percent for menⁱ).

Women are more likely to have served as the primary caregivers of children prior to entering prison and have plans to return to that role upon release. For many incarcerated women, they are concerned in an ongoing way about their children's well-being and the potential loss of legal custody of their children are often the motivating factor for their desistance from crime.ⁱⁱ

IDHS/SUPR is interested in all programs that support women in recovery (pre/post incarceration), but particularly in the services that promote wellness as symptom-management, address social determinants of health and mental health, and empower individuals to maintain recovery and achieve successful community tenure.

Both IHDA and IDHS recognize the need to expand access to the housing continuum along with treatment access and capacity across multiple levels of care, particularly increasing the number of sites offering addiction treatment services, expanding the hours of operation of facilities, improving assessments incorporating American Society of Addiction Medicine (ASAM) Criteria, embedding withdrawal management into multiple levels of care, and increasing the use of medication assisted recovery (MAR). MAR are empirically supported as effective interventions to treat opioid addiction; nonetheless, MARs are significantly underutilized in part due to stigmatization and a lack of knowledge about them among treatment professionals, patients, and the community.

As you respond to the information delineated below, please remember that the questions are specific to women's reentry programs. For instance, we are interested in what levels of care, type of housing, and/or type of services you have available to women, not what levels of care you have available overall.

We appreciate your time and attention to this matter and look forward to partnering with you to improve and expand services for woman across the state.

II. Provider Information

Agency Name

Agency Contact Information

Name of program

Geographical catchment area of program

How long has your program existed

Are you a licensed IDHS/SUPR provider?

Are you a certified IDHS/DMH provider?

Are you a Federally Qualified Health Center (FQHC)?

What type of housing do you provide?

III. Program Description

Please describe any pre-release activities or services of the program. Are you involved in outreach efforts that occur with woman prior to release?

Identify referral sources to the program:

- a. Illinois Department of Corrections (IDOC) Institution:
 - i. Fox Valley Adult Transitional Center
 - ii. Decatur Correctional Center
 - iii. Logan Correctional Center
- b. Probation
- c. Parole
- d. Other:

How does your agency/program address trauma-informed principles? *Trauma-informed care: TIC is a strengths-based service delivery approach “that is grounded in an understanding of and responsiveness to the impact of trauma, that emphasizes physical, psychological, and emotional safety for both providers and survivors, and that creates opportunities for survivors to rebuild a sense of control and empowerment” (Hopper, Bassuk, & Olivet, 2010, p.82). It also involves vigilance in anticipating and avoiding institutional processes and individual practices that are likely to retraumatize individuals who already have histories of trauma, and it upholds the importance of consumer participation in the development, delivery, and evaluation of services.*ⁱⁱⁱ

Please describe how your program addresses the co-occurring disorders needs of participants. *Co-occurring disorders: When an individual has one or more mental disorders as well as one or more substance use disorders (including substance abuse), the term “co-occurring” applies.*^{iv} *Co-occurring can also include healthcare issues.*

Please describe how your program addresses the medical needs of participants.

Please describe, if applicable, how your program addresses the need to be gender responsive. *Gender responsive: “Being gender-responsive (or woman-centered) refers to the creation of an environment—through site selection, staff selection, program development, and program content and materials—that reflects an understanding of the realities of women’s and girls’ lives and that addresses and responds to their challenges and strengths” (Covington 2007,p. 1).*^v

Please describe if applicable, how your program addresses special populations? (e.g., Prenatal/Perinatal, language specific, Latinx, etc.)

What funding source(s) do you use to sustain your program?

IHDA

IDHS/SUPR

IDOC

Illinois Department of Children & Family Services (DCFS)

Medicaid

U.S. Department of Housing and Urban Development (HUD)

Other:

What American Society of Addictions Medicine (ASAM) substance use levels of care do you provide for this population of women?

What recovery support services does your program provide? Please provide the hours/days of the week of operation, whether these services are provided in-person, via tele-health, or both, the approx. time between referral and beginning services, and whether your program provides same day/walk-in services.

Peer Support

Recovery Coaching

Recovery Housing – please provide a description of services provided, conditions that are restricted from admission, special populations of women (i.e. Mother/child), medications that are restricted from admission, and average length of stay

Medication Assisted Recovery

Employment

Spiritual Counseling

Other: _____

What types of mental health services do you provide? Please provide the hours/days of the week of operation, whether these services are provided in-person, via tele-health, or both, and the approx. time between referral and beginning services, and whether your program provides same day/walk-in services.

Direct Clinical Services

Psychiatric

Crisis Staffing

Outreach

Drop-in Center

Integrated Health Care

Permanent Supportive Housing

Residential

In Home Recovery Support

Other: _____

IDHS supports the use of evidenced based therapies when possible. What evidence-based practices do you utilize in your program? (examples include Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), and cognitive processing therapy (CPT))

What type of listed SUD therapy, length of sessions, and frequency of sessions does your organization provide? Please define whether these services are provided in-person, via tele-health, or both.

Group Therapy

Individual Therapy

Peer Group Meetings (any for special populations including those with children, LGBTQ, language-specific, and/or MAR, etc.)

Family Therapy

Educational or instructional groups

Family support groups

Other:

IDHS supports the use of evidence-based Medication Assisted Recovery for individuals with Substance Use Disorder. What evidence-based medications are offered, if not offered within your program, please define whom you collaborate with and the medication provided?

Are individualized family support plans utilized to allow the participant to include everyone they define as family to address the needs of the whole family?

Please describe how the program ensures coordination across multiple state systems to address the needs of the participant and family.

What quality improvement plans, tracking processes, and outcome measures does your organization utilize to determine the impact and effectiveness of services delivered to women pre/post incarceration? Examples include reductions in addiction severity, percentage of individuals provided FDA approved medication as part of the treatment program for SUD, amount of program services delivered (individual, group, family therapy, psychiatric consultation), 30 and 90-day recidivism to all bed-based levels of care, 7 and 30-day follow-up rates to outpatient services.

IDHS/SUPR is interested in learning about how your program addresses Social Determinants of Health (SDoH) that may affect women re-entering the community. ***Social Determinants of Health*** are conditions in the places where people live, learn, work, and play that affect a wide range of health risks and outcomes^{vi}. Please provide information regarding the following areas:

1. **Healthcare Access and Quality** - How does your program address assisting women in accessing primary care, health insurance coverage, and health literacy?
2. **Education Access and Quality** - How does your program assist women achieving educational goals including enrolling in school, GED education or assisting a woman in enrolling her children?
3. **Social and Community Context** - How does your program assist women in increasing their social connections and healthy connections to her community?
4. **Economic Stability** - How does your program assist women in gaining employment, food security, and economic self-sufficiency?
5. **Neighborhood and Built Environment** - How does your program assist women in accessing transportation, assessing neighborhood safety, and coaching in healthy food choices?

6. **Housing** – How does your program assist women secure a place to live? What types of housing environments are most common (e.g., group home, congregate living, transitional housing, permanent supportive housing), what is most requested, and where is the greatest need? What are the most common barriers to securing and retaining housing?

IDHS/SUPR is interested in your experiences and feedback on how programs and services can best support this patient population. Please provide concrete recommendations below, including barriers and facilitators to helping women pre/post- incarceration that could potentially be addressed by an RFP.

Please feel free to include other pertinent information.

Key Information

Due Date:	June 18, 2021
Due Time:	5:00 p.m. CST
Date First Offered:	May 10, 2021
Solicitation Contact:	Illinois Department of Human Services
Name:	Leanna Altamore
Address:	401 South Clinton Street 2 nd Floor Chicago IL 60607
Phone:	312/814-3723
Email Address:	leanna.altamore@illinois.gov
Link to RFI Details	Click here

ⁱⁱ This document was authored by Rachelle Ramirez at the Center for Effective Public Policy. This document is an update of the Coaching Packet: Reentry Considerations for Women Offenders, developed in 2010 under the Prisoner Reentry Initiative Grant Program, #2008-RE-CX-K001, sponsored by the U.S. Department of Justice, Bureau of Justice Assistance and administered by the Center for Effective Public Policy. The original document was authored by Phyllis Modley and Rachelle Ramirez at the Center for Effective Public Policy.

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ⁱⁱⁱ Substance Abuse and Mental Health Services Administration. Trauma-Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) Series 57. HHS Publication No. (SMA) 13-4801. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014.

^{iv} ""

^v Substance Abuse and Mental Health Services Administration. Substance Abuse Treatment: Addressing the Specific Needs of Women. Treatment Improvement Protocol (TIP) Series, No. 51. HHS Publication No. (SMA) 13-4426. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2009.

^{vi} <https://www.cdc.gov/socialdeterminants/index.htm>