

RECOVERY & EMPOWERMENT HANDBOOK, 8TH EDITION

The DHS/DMH is pleased to announce the release of the 8th edition of the Recovery & Empowerment Handbook, available both online and in print. All DMH-funded community providers should have received a shipment of the print version of the R&E Handbook last week.

Additions to the 8th Edition include:

- Personal Bill of Rights (p.17)
- Information on the CRSS-Employment (CRSS-E) Credential (p.18)
- Recovery Ambassadors (p.20)
- Over twenty (20) new quotes from persons in recovery in Illinois. Their perspectives on what recovery means to them are enlightening, encouraging, and empowering!

USES FOR THE HANDBOOK

The Handbook is an excellent resource for both individuals receiving services and staff, as it emphasizes ways individuals can take a more active role in their own treatment and recovery. Agencies may want to consider using the Handbook for:

- New staff training/education
- PSR/CSG recovery topic groups
- Community integration groups
- Discharge planning with individuals

DISTRIBUTION OF PRINT COPIES

The DMH expects that agencies ensure every newly registered person receiving services is given a copy of the Handbook during the intake process.

For agencies with peer recovery support specialists or others in peer roles on staff, these staff persons should also have copies of the Handbook for their use.

Additionally, Handbooks should be displayed throughout your agency in places where persons receiving services can easily access them throughout the year. Display areas to include: all clinic sites; all residential sites; lobby areas/waiting rooms; drop-in centers; living rooms; resource libraries; etc. Display copies should be replenished as needed throughout the year.

ADDITIONAL COPIES

The Recovery & Empowerment Handbook 8th Edition 2016 is available online at:http://www.illinoismentalhealthcollaborative.com/consumers/consumer_handbook.htm

A limited number of Handbooks are available for reorder through the Illinois Mental Health Collaborative by contacting Tenda Hedges at (217) 801-9179 or Tenda.Hedges@valueoptions.com