

Children's Mental Health Awareness Activities

May 7 - 11, 2018



Please join us in bringing awareness to Children's Mental Health by attending events listed below and by participating in "Wear Green" day.

Monday 5/7: Educational materials & resources will be distributed district-wide via email. Coloring pages using characters from the Disney movie "Inside Out" will be provided to Project IL AWARE elementary schools and students will participate in a coloring contest. The back of the coloring pages will include information regarding children's mental health disorders that students can share with their guardians.

Tuesday 5/8: 12pm-1pm Lunch & Learn: Viewing & Discussion of the short film, *ReMoved*. The *ReMoved* Films were created with the intent to bring light to the often unknown subjects of Foster Care and Child Abuse/Neglect. This film connects to the efforts of Project IL AWARE centered on a trauma-informed approach when working with students who have been impacted by childhood trauma. Join us with *your lunch* as we view the short film and engage in discussion afterwards. Space is limited so please email brharris@dps61.org to reserve your spot. DPS Staff please register for the event in MyLearningPlan. There will be future opportunities for viewing & discussion of *ReMoved* offered through Project IL AWARE/Student Services.

Thursday 5/10 National Children's Mental Health Awareness Day: WEAR GREEN DAY The 6 Project IL AWARE schools, DPS 61 Administration & Student Services will receive and wear Green Ribbons to show their support of Children's Mental Health. A ceremony will be held at the Keil Building on May 10th at 9:00am that will include brief remarks from various organizations. There will be 22 Green & White polka dot pinwheels displayed for each DPS school to commemorate CMHA Day. Media are invited to attend the ceremony and activities at various schools. **Event will be canceled in case of rain.**

For the entire week an email will be sent daily to district employees and Decatur community partners with a fact or statistic related to Children's Mental Health. We are encouraging everyone to use their social media accounts to repost and retweet. Thank you Tate & Lyle for your support by turning your building lights green for the week.



For questions or additional information please contact:
Brooke Harris, SAMHSA Project Manager
brharris@dps61.org or (217) 362-3062

@beAWAREdecatur



Be

AWARE

**national children's
mental health awareness day**

**PARTNERING FOR HEALTH AND HOPE
FOLLOWING TRAUMA**