

CRSS/CPRS Fundamentals Training Frequently Asked Questions (FAQs)

- 1) How do I know this training is for me? If you respond “yes” to any of the questions below, this training might be beneficial for you.**
 - a) Am I interested in learning how I can effectively use my lived experience in the field of recovery support or peer recovery?
 - b) Am I new to the recovery support profession and want to develop my skills?
 - c) Would I benefit from refreshing my understanding and discovering if my skills are on track?
 - d) Would I benefit from understanding the foundation of self-disclosure and boundaries for recovery support and peer recovery professionals?
 - e) Would I benefit from recognizing recovery terms and practices?
 - f) Could I use help to more effectively use my supervision?
 - g) Do I want to practice and apply goal setting strategies?
- 2) Are there any pre-requisites?** Yes. Participants are expected to view the CRSS Orientation video prior to attending: <http://www.dhs.state.il.us/page.aspx?item=119095>
- 3) What is the difference between CRSS/CPRS Fundamentals Training and CRSS/CPRS Competency Training?**
 - a) CRSS/CPRS Fundamentals – This one-day training lays the groundwork of essential components of recovery support services. Examples of what participants will understand and practice include how to effectively utilize lived experience in supporting others, the foundation of boundaries for the recovery support profession, and development of listening skills through Motivational Interviewing.
 - b) CRSS/CPRS Competency – This three-day training is offered one day per month over the course of three months. Days one and two include specialized training to acquire the knowledge and skill base to develop competence in advocacy, mentoring, recovery support, and professional responsibility. Day three focuses exclusively on CRSS/CPRS ethics.
- 4) Is Fundamentals Training required to attend Competency Training?** No
- 5) Is Fundamentals Training required to obtain the CRSS or CPRS credential?** No
- 6) What are CEU’s and why are they needed?** CEU’s are Continuing Education Units that are valuable and important for everyone. They are for those who either have the CRSS or CPRS credential or are working to achieve these credentials. They have value for everyone else as well because they demonstrate our ongoing growth and learning.
- 7) Are CEUs offered for the training?** Yes. Both CRSS/CPRS Fundamentals and CRSS/CPRS Competency training provide education credits for those seeking to obtain and maintain CRSS or CPRS certification.
- 8) Is registration required?** Yes
- 9) How do I register?** Registration forms will be posted in February at: <http://www.dhs.state.il.us/page.aspx?item=36696>