

COVID-19 Resources Relating to Mental Health for Deaf, Hard of Hearing, and DeafBlind Communities

Along with the below resources, further information and support can be obtained from:

DMH Statewide Coordinator for the

Deaf, Hard of Hearing, DeafBlind and Late-Deafened

217-786-0023 Voice

217-303-5807 Video Phone

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State Resources: The following agencies accept Medicaid and/or private insurance as payment.

<p>Advocate IL Masonic Medical Center Deaf and Hard of Hearing Program Behavioral Health Services</p> <p>928 West Nelson St Chicago IL 60657 773-296-3260</p> <p>Has culturally competent therapists and psychiatrist who works with an interpreter to provide behavioral health services https://www.advocatehealth.com/immc/health-services/behavioral-health-care/</p>	<p>Anixter Center 2001 N Clybourne Ave Chicago IL 60614 773-973-7900 www.anixter.org</p> <p>Psycho-social Rehabilitation Services for Deaf and Hard of Hearing, Residential placements, Employment Assistance</p> <p><i>Special services for deaf and hard of hearing clients include:</i></p> <ul style="list-style-type: none">• American Sign Language (ASL) vocabulary building
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	<ul style="list-style-type: none"> • Deaf and hard of hearing mental health professionals • Services delivered in ASL
<p>Mt. Sinai Psychiatry and Behavioral Health- Deaf and Hard of Hearing Program</p> <p>2653 West Ogden Ave Chicago IL 60608</p> <p>773-257-5300 https://www.sinai.org/content/behavioral-health</p> <p>Individual and Group Therapy Has culturally competent therapists and psychiatrist who works with an interpreter to provide behavioral health services</p>	<p>Thresholds 4101 N. Ravenswood Ave. Chicago, IL 60613 (773) 572-5500</p> <p>Deaf Programs Director- Vicki Hall Voice Phone: 773-537-3341</p> <p>- Psychiatric and Medical Care</p> <p>www.thresholds.org/programs-services/deaf-program</p>
<p>There are numerous private practice mental health professionals who are sign-fluent in Illinois. These professionals may only accept specific private</p>	

<p>insurance policies or cash for payment. Contact the DMH Statewide Coordinator for further information.</p>	
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National Resources:

<p>Communication Service for the Deaf (CSD) article on Resources to Manage your COVID-19 Blues: https://www.csd.org/stories/national-deaf-therapys-resources-to-combat-your-covid-19-blues/</p>	<p>COVID-19: Video-Based Telehealth Accessibility for Deaf and Hard of Hearing Patients https://www.nad.org/covid19-telehealth-access-for-deaf-hard-of-hearing/</p>
<p>Centers for Disease Control: There are numerous ASL videos pertaining to COVID-19 resources and information. Mental Health-Related Topics Include:</p> <p>Managing Anxiety https://www.youtube.com/watch?v=zvxT3gBp3Yk&list=PLvrp9iOILTQatwnqm61jqFrfsUB4RKh6J&index=15&t=0s</p> <p>Parents supporting Children https://www.youtube.com/watch?v=jOq-8S_k7to&list=PLvrp9iOILTQatwnqm61jqFrfsUB4RKh6J&index=14&t=0s</p>	<p>National Deaf Center has specific resources about mental health and well-being relating to the COVID-19 crisis:</p> <p>https://www.nationaldeafcenter.org/covid-19-information</p>

Other COVID-19 Resources Specific to Deaf, Hard of Hearing, and DeafBlind Communities

<p>Illinois Deaf and Hard of Hearing Commission has a webpage dedicated to various COVID-19 resources: https://www2.illinois.gov/idhhc/Pages/COVID-19-Resources.aspx</p>	<p>Coronavirus Visual Tool to assist Medical Professionals and Deaf and hard of hearing individuals communicate better during medical appointments. Developed by Massachusetts Commission for Deaf and Hard of Hearing, with contributions by Wisconsin Council for Physical Disabilities. https://www.mass.gov/service-details/covid-19-card</p>
<p><u>Helen Keller National Center</u> Resources for Consumers who are DeafBlind and Professionals During COVID-19 https://www.helenkeller.org/hks/resources-consumers-and-professionals-during-covid-19</p>	

