

# QIDP TRAINING FACILITATOR GUIDE

## MODULE 8

### Medical Supports

This Guide is provided to assist with facilitation of discussion points, exercises, answers to quizzes, etc. Answers given in this guide are only meant to be used as examples and are not all inclusive of possible responses. Agencies are encouraged to supplement the information provided in each module with agency specific information to meet the needs of the agency. Also, the facilitator should be prepared to modify any materials needed to meet the agency needs.

Background reading materials are listed at the end of the module.

#### Icons

In this curriculum, the following icons are used:



means be prepared to discuss agency specific information.



means be prepared to facilitate discussion.

#### Preparing for QIDP Training:

- Read over the entire module;
- Gather additional agency-specific information and reference materials;
- Determine which videos and reference materials to incorporate into which module and when the best time is to introduce each;
- Make sure all information is current and up-to-date;
- Anticipate questions and prepare appropriate responses;
- Develop relevant examples to reinforce the points in the modules;
- Duplicate materials for each trainee

#### Sign-In Sheets

Sign-in sheets should be maintained and available for review by department staff; and should include the following components: module/class name, class date, class times, instructor signature and trainee signature.

**PICA****Trainee Notebook Page 35**

**Facilitator Instructions:** Facilitate a discussion regarding the topics below.

**Be prepared to discuss the following regarding individuals that are served by your agency:**



Is anyone here currently serving or has anyone previously served an individual with PICA?

What measures have you used to interfere with the disorder? Have you had any success?

How does Pica differ from Prader-Willi?

**Pica**

Pica is a compulsive craving for eating, chewing or licking non-food items, such things as paint chips, chalk, plaster, glue, rust, ice, coffee grounds or cigarette ashes. Pica can lead to medical conditions such as lead poisoning, malnutrition, abdominal problems, intestinal obstruction, mercury poisoning, phosphorus intoxication and dental ailments.

**Prader-Willi Syndrome**

Individuals with Prader-Willi Syndrome, which is caused by a defect in the hypothalamus, have an insatiable appetite. Physical conditions may include obesity, sleep disorders, delayed motor development, abnormal growth, speech impairments, stunted sexual development, poor muscle tone, dental problems and diabetes type II.