

Administration of Nasal Medications Practice

Student Name: _____ Date: _____ / _____ /20 _____

Scoring Key: ✓ = Successful completion ✘ = Unsuccessful completion NA = Not Applicable

IF INDIVIDUAL IS NOT INDEPENDENTLY SELF-MEDICATING the authorized staff person:

Pre-Preparation

- () 1. Chooses an area appropriate to administer medications. (May be done verbally in the classroom.)
- () 2. Attends to task of administering medications even with distraction.
- () 3. Reviews Individual Service Plan (ISP)/Training Program for individual in Self-Administration of Medication.

Preparation

- () 4. Gathers necessary materials for administering nasal medication(s). (Eye droppers, facial tissue)
- () 5. Removes medication from locked storage and re-locks storage cabinet/container.
- () 6. Obtains the correct Medication Administration Record (MAR) for the individual receiving medication(s).
 - () a. Matches the individual's name on the MAR with the individual's name on the medication containers/cards.
 - () b. Identifies individual by checking and matching the name/picture on the MAR. (Uses the most appropriate identification method considering any communication limitations.)
 - () c. Checks the MAR for allergies to make sure the individual is not allergic to the medication.
 - () d. Check the MAR for required pre-administration procedures (pulse, B/P, etc) and completes it/them before administering medication(s).
 - () e. Checks the MAR for any restrictions related to medication administration.
- () 7. As appropriate, teaches self-administration procedure to individual according to the ISP/Training Program Protocol.
- () 8. Observes the individual before administration for later documentation and for conditions that may preclude safe administration. If such conditions are present, does not administer the medication, reports the condition immediately to the nurse and follows agency policy. If conditions indicate that medication administration is safe, continues the medication administration process.
- () 9. Washes hands before preparing the medication(s).

Administration of Medication

- () 10. Checks, by reading/matching MAR information and stating aloud (or murmuring), the "7 Rights" of Medication Administration (Individual/Person, Record, Drug, Dose, Time scheduled, Route, Texture) at each of the following steps.

Training Program

- () a. When removing the nasal medication container from box/basket/cabinet.
 - () b. Just before opening the nasal medication container.
 - () c. Just before returning the closed nasal medication container to box/basket/cabinet.
- () 11. Administers the NASAL MEDICATION BY EYE DROPPER correctly by:
- () a. having the individual clear her/his nose by blowing it gently into a tissue.
 - () b. having the individual, while sitting, tilt her/his head backward, and/or to the side if the medication Needs to reach one or the other sinuses. If unable to sit, has s/he lie down and places a rolled towel or pillow beneath the neck.
 - () c. drawing the proper amount of medication into the dropper.
 - () d. instructing the individual to breathe through her/his mouth as the drops are instilled.
 - () e. placing the eye dropper tip just outside the nasal passage and squeezing the dropper's rubber bulb To administer the prescribed amount.
 - () f. having s/he keep her/his head back and/or to the side for 2 to 4 minutes. S/he should not blow her/his nose just after receiving the nasal medication.
 - () g. repeats the above for the other nostril if prescribed.
- () 12. Administers the NASAL MEDICATION BY PUMP BOTTLE SPRAY correctly by:
- () a. having the individual clear her/his nose by blowing it gently into a tissue.
 - () b. before use, shaking the pump bottle to mix the medication.
 - () c. making sure the pump is delivering a fine mist by squirting the pump into the air until a fine mist is obtained.
 - () d. having the individual breathe out slowly while sitting with her/his head tilted slightly forward.
 - () e. placing the tip of the pump bottle spray nozzle just into the nostril and having the individual occlude the opposite nostril if s/he is able. If the individual is not able to occlude the nostril, does it for her/him.
 - () f. having the individual slowly inhale through the open nostril as the spray pump nozzle is pushed.
 - () g. Repeat the above procedure for the other nostril if ordered.
- () 13. Administers the NASAL MEDICATION BY A PRESSURIZED CANISTER correctly by:
- () a. having the individual clear her/his nose by blowing it gently into a tissue.
 - () b. before use, shaking the canister to mix the medication.
 - () c. having the individual breath out slowly while holding her/his head upright.
 - () d. aiming the pressurized canister's nozzle just outside one nostril and either occluding the opposite Nostril with her/his unused hand or having the individual occlude the opposite nostril.
 - () e. having the individual inhale slowly through the open nostril as the nozzle is pressed to deliver the Medication.

- () f. telling the individual not to blow her/his nose just after receiving the nasal medication.
 - () g. repeats the above for the other nostril if prescribed.
 - () 14. Observes the individual for immediate reaction to the medication
 - () 15. **Documentation** – marks the MAR for each medication immediately following medication administration indicating the individual has taken the medication.
 - () 16. Cleans up area and secures the medications in the locked container/storage/cabinet.
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IF INDIVIDUAL IS SELF-MEDICATING the authorized staff person:

- () 1. Observes the individual before administration for later documentation and for conditions that may preclude safe administration. If such conditions are present, does not permit the individual to consume the medication, reports the condition immediately to the nurse and follows agency policy. If conditions indicate that medication administration is safe, permits the individual to consume the medication.
- () 2. Assists the individual to remove her/his medication from the secured/locked storage as needed.
- () 3. If necessary, reviews the safe procedure for administering medications with the individual.
- () 4. If the is administered by NASAL MEDICATION BY EYE DROPPER instruct and/or observe the individual as follows:
 - () a. clears her/his nose by blowing it gently.
 - () b. draws the prescribed amount of medication into the dropper.
 - () c. while sitting, tilts her/his head backward, and/or to the side if the medication needs to reach one or the other sinus.
 - () d. breaths through her/his mouth as she/he administers her/his nasal medication.
 - () e. places the dropper's tip just outside the nasal passage and squeezes the dropper's rubber bulb to administer the prescribed amount of medication.
 - () f. keeps her/his head back or to the side for two to four minutes and does not blow her/his nose just after receiving the nasal medication.
 - () g. repeats the above for the other nostril if prescribed.
- () 5. If the is administered by NASAL MEDICATION BY PUMP BOTTLE SPRAY instruct and/or observe the individual as follows:
 - () a. clears her/his nose by blowing it gently.
 - () b. before using, shakes the bottle to mix the medication.
 - () c. squirts the pump into the air to until it delivers a fine mist.
 - () d. breathes out slowly while sitting with her/his head tilted slightly forward.
 - () e. places the tip of the pump bottle spray nozzle just into the nostril and occludes the opposite nostril

Training Program

- with her/his free hand.
- () f. inhales slowly through the open nostril as the spray pump nozzle is pushed.
 - () g. does not blow her/his nose just after using the nasal medication
 - () h. repeats the above procedure for the other nostril if ordered.
- () 6. If the is administered by NASAL MEDICATION BY PRESSURIZED CANISTER instruct and/or observe the individual as follows:
- () a. clears her/his nose by blowing it gently.
 - () b. before using, shakes the canister to mix the medication.
 - () c. breathes out slowly while sitting with her/his head upright.
 - () d. aims the pressurized canister's nozzle just outside one nostril and occludes the opposite nostril with her/his free hand.
 - () e. inhales slowly through the open nostril as she/he presses the nozzle to deliver the medication.
 - () f. does not blow her/his nose just after using the nasal medication
 - () g. repeats the above procedure for the other nostril if ordered.
- () 7. Observe the individual to insure the medications is administered properly and for immediate reaction to the medication. If the authorized staff person observes an error in technique, if possible, she/he prevents the error and instructs the individual in the correct method of administration.
- () 8. **Documentation** – follows agency policy and procedure for documenting medication consumption for an individual who is self-medicating.
- () 9. Follows the ISP, makes sure the area is cleaned and the medications are re-secured in a locked container/storage/cabinet.