THE PRESCRIPTION OPIOID ABUSE AND HEROIN EPIDEMIC IN SOUTHERN ILLINOIS: A CALL FOR COMMUNITY HEALTH SOLUTIONS
Cross Sector and Community Engagement Strategies:

- Bring together all sectors regularly
- Assess awareness, current efforts being made to address the epidemic, resources present, resources needed
- Provide information and updates
- Facilitate collaboration and coalition building
- Engage established coalitions
A Call for Community Health Solutions: 3 part Meeting Series

June 6, 2016: Regional Planning Meeting (Carbondale, IL)

August 31, 2016: Regional Summit (Mt. Vernon, IL)

February 28, 2017: Regional Meeting (Carterville, IL)
#1: Regional Planning Meeting (Carbondale, IL)

- Collected info from experienced practitioners
- Assess efforts being made
- Brainstorm coordination strategies
- Compile info for creation of Regional Action Plan
#2: Regional Summit (Mt. Vernon, IL)

- Addressed issues and questions brought up in 1st Meeting

- Presentations: Treatment Options, Illinois PMP, Law Enforcement’s Role, Legal Issues & Drug Courts, Opportunities & Challenges in Responding to Opioid Epidemic

- County Coalition Action Planning
#3: Regional Summit (Carterville, IL)

- Updates on data and trends of prescription opioid abuse/heroin use in Southern Illinois
- Overview of resources for counties/coalitions
- Updates on the progress of counties and coalitions since meeting #2
Participating Southern Illinois Counties

- All highlighted counties were represented at meetings 1, 2, and 3

- Blue: Counties/Coalitions that completed progress reports for Meeting #3

- Green: Attended but did not complete progress reports
Strategies

✓ Expand public education and build community partnerships
✓ Increase access to substance abuse treatment
✓ Ensure responsible prescribing practices
✓ Support law enforcement efforts
Major Accomplishments

- Lock box education/promotion
- Promoted/hosted Drug Take Back events
- Promoted PMP, hired staff to promote responsible prescribing practices, educated HCP
- Trained law enforcement (Narcan administration)
- Coordinating care for patients-SHS & Gateway
- Expanded/created coalition team
- Formed a Youth Advisory Council at Massac County High School
- Re-instituted Red Ribbon Week at local schools
- Held Heroin and Opioid Forum
- Education/Awareness campaigns
Got Drugs?

Did you know there are four (4) Prescription Drug Take Back Programs in the Southern Seven counties where you can safely and responsibly dispose of unused prescription and over-the-counter medications?

To do your part in fighting Prescription Drug Abuse, also be one of the following locations to drop off your expired or unused medications:

1. **Johnson County**
   - Location: John’s Cleaners
   - Address: 201 E. Second St., Eldorado, IL 62926
   - Phone: 618-597-4497

2. **Madison County**
   - Location: CVS
   - Address: 915 2nd St., Wood River, IL 62095
   - Phone: 618-654-1588

3. **St. Clair County**
   - Location: Walgreens
   - Address: 222 E. Main St., East St. Louis, IL 62201
   - Phone: 618-722-7100

4. **Tazewell County**
   - Location: Blue Cross Blue Shield
   - Address: 650 E. Market St., Bloomington, IL 61701
   - Phone: 309-865-8300

NO QUESTIONS ASKED!!!

Information provided by the Shelby Coalition | 7 Regions Coalition | HealthSouth for a Better Lock and Retrieve Solution

LOCKING MEDICINE CASE

It’s important to you, Lock it Up!

LOCK NEEDED

BE AWARE, DON’T SHARE

UNUSED MEDICATIONS?

Watch for Drug Take Back Day!!

SOUTHERN ILLINOIS HEALTHCARE
Community Readiness Survey:
How would you rate your community’s attitude/climate around prescription opioid abuse and heroin addiction?

Meeting #1 (n=45)

Meeting #3: (n=60)
Community Readiness Survey:

How would you rate your community’s knowledge level regarding the issue of prescription opioid abuse and heroin addiction?

Meeting #1 (n=45)

Meeting #3 (n=53)
Challenges and Barriers

- Need training on coalition building for addictions prevention
- Coalition membership recruitment, esp. medical providers
- Lack of funding (Naloxone, staff time, etc.)
- Uncertain of goals, roles within coalition, whom to report to, etc.
- Re: drug courts: lack of buy-in from judges and states attorney
- Grassroots coalition vs. formal coalition
Next Steps

1. Promote responsible prescribing practices and PMP
2. Implement education campaign
3. Develop and implement a concrete action plan
4. Facilitate coalition building exercises/continue recruiting members
5. Host community forum/town hall meetings
6. Seek additional funding
Upcoming Events

- Expand Naloxone training to law enforcement and first responders
- Tour substance abuse treatment facilities, learn about services
- Medication disposal events
- Meeting with ROE Superintendent
- Youth Carnival: educate on importance of medication lock boxes at the event
- Richland HS Senior Seminar—April 5, 2017
SIU School of Medicine Center for Rural Health and Social Service Development staff are available to provide assistance.

- Resources
- Connections
- Updates
- Questions

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