

## Illinois Opioid Crisis Response Advisory Council

August 13, 2018

### MEETING MINUTES

Danielle Kirby, Director of the Illinois Department of Human Services/Division of Substance Use Prevention and Recovery (IDHS/SUPR), welcomed the group and introduced Lt. Governor Sanguinetti. The Lt. Governor continues to tour the state to talk about the opioid crisis.

Upcoming events include:

- August 30: Candlelight vigil in Elgin to remember overdose victims
- August 31: International Overdose Awareness Day event at Kirby Rehabilitation in Chicago
- September 7: Marisa's Purpose Run to Recovery in Monticello
- September 27: Prairie State College mental health conference in Chicago Heights

### IDHS/SUPR Updates

Director Kirby shared the following IDHS/SUPR updates:

- International Overdose Awareness Day is August 31<sup>st</sup>. This is a global event held on August 31<sup>st</sup> of each year that aims to raise awareness regarding the tragedy of overdose and reduce the stigma of a drug-related death. For downloadable resources regarding Overdose Awareness Day, go to: <https://www.overdoseday.com/resources/downloadable-resources>
- September is National Recovery Month. Recovery Month spreads the positive message that "behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover". For Recovery Month resources, go to: <https://recoverymonth.gov/recovery-month/promote-recovery-month/recovery-month-toolkit>.
- Council members are encouraged to post any Overdose Awareness and/or Recovery Month activities to the following websites: <https://www.overdoseday.com/register-an-activity/> and <https://recoverymonth.gov/events/post-events>. Council members also can notify SUPR directly regarding planned activities by sending information to Rex Alexander at [Rex.Alexander@illinois.gov](mailto:Rex.Alexander@illinois.gov).
- The Helpline has received over 5,000 calls since its launch last December. It has added three new features: 1) follow-up calls to Helpline callers to help them navigate any barriers to the treatment that they were referred to during their initial call; 2) warm transfers that link Helpline callers directly to treatment programs to help ensure that callers get connected to providers; and 3) opportunities for callers to provide feedback about their experience with the Helpline. Additionally, there have been 4,800 hits to the Helpline website, representing 3,000 unique people.
- SAMSHA's State Opioid Response (SOR) grant will provide \$28.6 million a year over two years to Illinois for additional services to address the opioid crisis. SUPR has allocated SOR funds for three new Hub and Spoke projects targeted to serve individuals in MAT deserts. Go to <http://www.dhs.state.il.us/page.aspx?item=110580> to read the Notice of Funding Opportunity. Applications are due on October 15, 2018. A Bidder's Conference will be held on August 23: Go to <https://attendee.gotowebinar.com/register/7783764263068268034> to review information discussed during this webinar.
- Two Hub and Spoke pilot projects have been funded via SAMHSA State Targeted Response (STR) monies. Family Guidance Center in Springfield and Centerstone Services in Marion won these awards.

### IDPH Updates

Director Shah announced that IDPH received \$5,000,000 from the Center for Disease Control and Prevention (CDC) for 12 discrete opioid-related projects. These projects will address crisis

response, information management, surge management and bio-surveillance. Additional information on each project will be provided at the September Council meeting. Director Shah also announced that IDPH plans to hire a replacement for Amanda Kim. Qualifications for this position include subject matter expertise in the opioid crisis; policy expertise; and grant writing experience.

### **Committee Updates**

Dr. Sue Pickett shared that the Council Committees have met and begun addressing the Task Force's requests for additional information for their respective State of Illinois Opioid Action Plan (SOAP) recommendations. Committees will share updates on their work at the September Council meeting.

### **Problem-Solving Drug Courts**

Kelly Gallivan-Illaraza, Problem-Solving Court Coordinator, Administrative Office of the Illinois Courts (AOIC), and Judge Charles Burns, Cook County Drug Court, gave a presentation on problem-solving courts (see attached handouts).

- Problem-solving courts (PSC) are specially designed courts facilitating intensive therapeutic treatment to monitor and assist offenders in making positive lifestyle changes and reducing recidivism. Illinois currently has 108 PSCs; this includes 65 drug/DUI PSCs.
- PSCs must adhere to rules and standards to ensure uniformity and compliance with evidence-based practices. AIOC oversee certification of PSCs and their adherence to best practice standards.
- PSC team members include the judge, state's attorney, public defender, probation officer, treatment provider and PSC coordinator. Each PSC has policies and procedures outlining how a person enters and moves through the program. Validated risk and clinical assessment tools are used to determine eligibility. PSC include individualized case management plans designed to promote participant success, phase progression by skills, incentives, sanctions and therapeutic adjustments, and in drug courts, drug and alcohol testing. Participants appear frequently before the judge and may spend 12-24 months in a PSC based on their individual needs. Nationally, drug courts have a 60% success rate.
- Judge Burns oversees the Cook County Drug Court, the largest court drug court in Illinois. He shared how PSCs have helped detour people from prison and given them the resources and supervision needed to succeed. He discussed the importance of safe housing, employment and MAT to helping people succeed. Council members are invited to attend drug court graduation in November.

### **Rush Substance Use Intervention Team (SUIT)**

Dr. Niranjan Karnik, Vice Chair for Innovation and the Cynthia Oudejan Harris Professor in the Department of Psychiatry at Rush Medical College, gave a presentation on the Substance Use Intervention Team at Rush Hospital (see attached handouts).

- SUIT is funded in part by IDHS/SUPR via SAMHSA Opioid STR monies. It builds on a prior SAMHSA-funded Screening, Brief Intervention and Referral to Treatment (SBIRT) grant. The SUIT multi-disciplinary team includes an addiction medicine physician, psychiatric nurse practitioner, two social workers, an RN clinic coordinator, a clinical pharmacist, addiction fellow and medical assistant.
- At admission to Rush, patients are asked two screening questions for drug and alcohol use. These questions are programmed into Rush's electronic health record (EHR). A positive response to one question triggers an SBIRT intervention at the patient's bedside and subsequent SUIT consult. Since it is often difficult to secure adequate follow-up treatment for patients when they are discharged, SUIT sees all Rush inpatients who screen positive for

substance use in their addiction medicine clinic. This clinic serves as a bridge clinic for patients until they can enter their respective payer's outpatient provider clinic.

- Rush screened over 90% of patients in the first six months of 2018. Patients who had a SUIT consult had a .83 shorter length of stay than the patients who did not receive a SUIT consult. Patients who received a SUIT consult had fewer 30-day readmission. Dr. Karnik noted that this saved Rush Hospital approximately \$1,000,000 in inpatient care costs, making it a strong financial case for hospitals.
- Discussion
  - Council members commended SUIT's warm handoff process, noting that it improves engagement and treatment retention.
  - Replication recommendations include training clinic staff on SBIRT and pairing MAT with recovery supports.
  - A key feature of SUIT is that the EHR "pushes" the screening and consults, rather than having to wait for clinical staff to assess and address potential patient substance use issues.
  - Rush is exploring the use of telepsychiatry and mobile platforms to encourage broader support and use of SUIT.

### **St. Clair/Madison County Prevent Prescription Drug/Opioid Overdose-Related Deaths (PDO) Report**

Donna Nahlik, Director of Prevention Services at Chestnut Health Systems, and PDO Project Director gave an update on the PDO project in St. Clair and Madison Counties (see attached handouts).

- The PDO project coordinates the purchase, training and distribution of naloxone in two of Illinois' highest need counties. It also provides support and education and seeks to help people with OUD and their families transform their lives.
- The project works with two coalitions and includes three workgroups that focus on education/prevention, treatment/recovery supports and law enforcement. Workgroups meet monthly. The project also partners with more than 60 local groups and people in recovery. All major treatment agencies in both counties are participating in the coalitions.
- The project's website (<https://partnershipdrugfree.org>) includes a local treatment provider locator. Resource materials – including posters and resource cards – have been developed and are widely distributed.
- The St. Clair County Drug Alliance is a new coalition that began meeting in March 2018 and includes 15 partner agencies. The goal of this coalition is to reduce youth substance use by 5% and reduce opioid overdose deaths by 25%.
- The project trained over 1,200 people in FY18. It also produced 17 short videos that will be released on social media and the project website. The project also partnered with local school districts to raise awareness and is working with AdaptPharma to get free Narcan for local high schools and colleges.
- All (100%) of Madison County and 61% of St. Clair County law enforcement agencies have been trained and carrying Narcan. The project is working with the Collinsville Police Department on a warm handoff program to connect people who overdose with a peer recovery support specialist.

### **Opioid-Related Community Events**

- The Wabash River Dental Society is seeking speaker for its annual meeting, scheduled for late September/early October. The group would like the speaker to talk about the opioid crisis, the PMP, guidelines for using opioids in dental practices and screening dental

patients for opioid misuse. If you are interested in speaking, please contact Sue Pickett at [spickett@ahpnet.com](mailto:spickett@ahpnet.com).

- The Washington Park Opioid Crisis Town Hall Meeting will be held on Saturday, September 8<sup>th</sup> from 10 AM – 12 PM at the Church of the Good Shepherd, 225 E.57<sup>th</sup> Street in Chicago. Washington Park residents and providers who serve that community are invited to attend this free event. For more information, contact Sue Pickett at [spickett@ahpnet.com](mailto:spickett@ahpnet.com)
- The Perfectly Flawed Foundation is hosting several events in LaSalle County, including International Overdose Awareness festivities. To learn more about these events, go to: <https://www.perfectlyflawed.org/awareness.html>. The organization is hosting a community education forum that will include information on Dixon's Safe Passage project on September 12<sup>th</sup>. For more information, go to <https://www.perfectlyflawed.org/community-forum.html>

The next Illinois Crisis Response Advisory Council meeting will be held on Monday, September 17, 2018 from 1:00-3:00 PM. Please email Brian Pacwa at [Brian.Pacwa@illinois.gov](mailto:Brian.Pacwa@illinois.gov) if you plan to attend this meeting. Chicago and Springfield locations are listed below.

Chicago: IDHS – Clinton Building

401 S. Clinton Street

7<sup>th</sup> Floor, Executive Video Conference Room

Springfield: IDHS – Harris Building

100 S. Grand Avenue East

3<sup>rd</sup> Floor, Executive Video Conference Room

Call in number: 1-888-494-4032 Access Code: 7298230793#

Council meeting minutes and materials (including handouts from this meeting) can be found on the Council's website: <http://www.dhs.state.il.us/page.aspx?item=97186>