

# Foundational Principles of Wellness

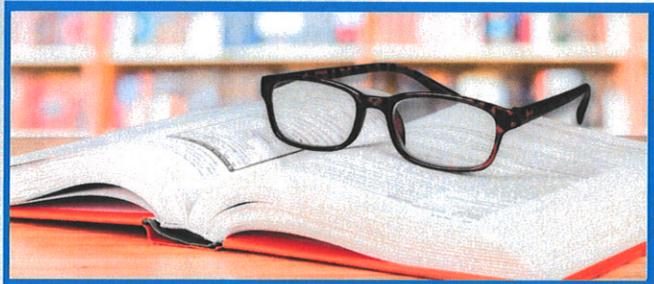
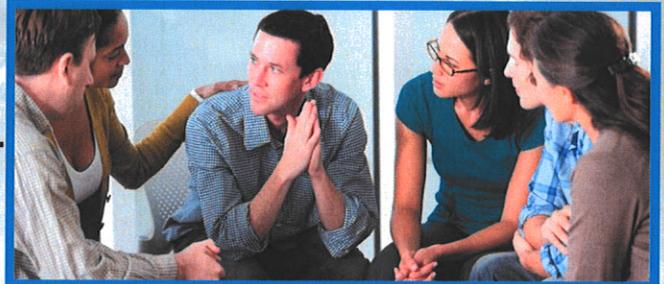
Hope



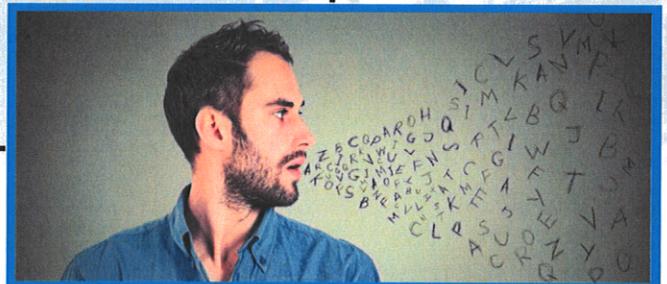
Personal Responsibility



Support



Education



Self-Advocacy



Spirituality