Dear Parent:

Below are descriptions of the screenings, exams and assessments for which you will be asked to give consent for your child.

Medical:

Physical Exam:  
A doctor or nurse practitioner will thoroughly check your child to make sure s/he has no conditions that might hinder his/her ability to grow and learn normally. This exam may include taking the child's blood pressure and doing a urinalysis.

Hearing/Vision:  
Your child will be checked to make sure s/he can hear and see properly.

T.B. Skin Test:  
Your child will be checked to see if s/he has been exposed to the germ which causes tuberculosis.

Assessment of Immunization Status:  
Your child's records will be reviewed to determine what immunizations s/he may need.

Growth and Nutrition Assessment:  
Height/Weight - Your child will be weighed and measured.

Hematocrit/Hemoglobin - A sample of your child's blood will be checked to make sure s/he is not anemic.

A nutritionist from WIC will review these test results and the information you give about your child's eating habits to determine if any changes are needed in your child's diet.

Dental:

Screening/Exams:  
A dentist will look at your child's teeth to see if there are any cavities or other problems and to determine any need for treatment. If the dentist is not sure a tooth is O.K., an X-ray may be taken of your child's mouth.

Prophylaxis and Fluoride:  
To help prevent future cavities the dentist or dental hygienist may clean your child's teeth and/or apply fluoride to the teeth.
DESCRIPTION OF SCREENINGS, EXAMS AND ASSESSMENTS

Other:

**Lead Screenings:**
A sample of your child's blood may be checked to determine if s/he has been exposed to too much lead.

**Parasite Screening:**
A stool sample from your child may be examined for the presence of parasites or may be cultured for bacteria.

**Denver II and Social-Emotional Checklist:**
These are developmental screening tools to make sure that your child's physical, emotional and social developmental stands within the expected range.

At times it may be necessary to do one of these screenings over again. You will not be asked to consent to these re-screenings. You will be told the results of these screenings and exams. If further tests and assessments are necessary or treatment is needed, this will be explained to you and you will be asked to give additional consent. You will also be asked to give consent for each immunization your child needs before it is given.

If you have any questions or concerns please discuss them with the Heat Start Coordinator.

Given to parents before they sign consent for screenings and exams.