

Healthy Kids Checkups

It is very important for children to have regular checkups, even when they are not sick. Checkups are required for preschool, Head Start, school, camp, childcare, sports programs, WIC and just to stay healthy!

Babies, kids, teens, and young adults through age 20 who get HFS medical benefits can get FREE checkups through the **Healthy Kids** program .

Healthy Kids checkups include:

- Head to toe exam
- Checks for growth and development
- Immunizations (shots)
- Checks of eyesight, hearing and teeth
- Advice about healthy eating
- Answers to your health questions
- Checks of emotions and behavior
- Lab work (blood and urine tests)
- Referrals to specialists if needed

At checkups, your primary care provider (PCP) can catch little problems before they become more serious. Call your PCP to schedule a **Healthy Kids** checkup. If you need help finding a PCP or scheduling an appointment, call Illinois Health Connect at 1-877-912-1999 (TTY: 1-866-565-8577). You can also call Illinois Client Enrollment Services at 1-877-912-8880 (TTY: 1-866-565-8576) to get more information about your health plan and PCP choices. The calls are free. If you are enrolled in a health plan other than Illinois Health Connect, such as a managed care organization (MCO), you may also call your health plan for help. For children who are in the legal custody of DCFS, in foster care, contact the HealthWorks of Illinois program.

Having HFS medical benefits means your child can get all the care they need to stay healthy. This includes taking your child to the doctor for a checkup, to the dentist for a cleaning or for treatment, such as to fill a cavity, or to the eye doctor to get a prescription for glasses.

Remember, even young children need good dental care so they do not get cavities or toothaches. Take your child to a dentist regularly starting no later than age one. If you need help to find a dentist, call 1-888-286-2447 (TTY: 1-800-466-7566). The call is free.

If it is difficult for you to get to medical appointments, HFS may be able to help you get a ride. Call 1-877-725-0569 (TTY: 1-877-204-1012) to find out if you qualify for non-emergency transportation services. The call is free. **HFS covers non-emergency transportation to the nearest possible provider only.**

Make an appointment today for a free Healthy Kids checkup for your child!

Please be sure your child stays healthy by getting their recommended shots!

Has your child been immunized? Getting your child the recommended immunizations (shots) for their age is very important! A child who does not have all of their shots may get sick, become disabled, or could even die.

Important Note: For the 2013-2014 school year, the State requires children entering 6th through 12th grades to have proof of receiving a Tdap shot to prevent the spread of Whooping Cough (Pertussis).

The chart below provides you with a listing of immunizations your child should receive and at what age they should receive them. If your child has not had the recommended immunizations, call your doctor or local health department to make an appointment right away! If you need help finding a provider or making an appointment, call Illinois Health Connect at **1-877-912-1999 (TTY: 1-866-565-8577)**. The call is free.

2013 Immunization Schedule

Age	Immunizations (Shots)
Birth	Hepatitis B (Hep B)
1-2 months	Hepatitis B (Hep B)
2 months	Rotavirus, Diphtheria, Tetanus and acellular Pertussis (DTaP), Haemophilus influenzae type b (Hib), Pneumococcal conjugate vaccine (PCV), Polio (IPV)
4 months	Rotavirus, Diphtheria, Tetanus and acellular Pertussis (DTaP), Haemophilus influenzae type b (Hib), Pneumococcal conjugate vaccine (PCV), Polio (IPV)
6 months	Rotavirus, Diphtheria, Tetanus and acellular Pertussis (DTaP) Haemophilus influenzae type b (Hib), Pneumococcal conjugate vaccine (PCV)
6-18 months	Hepatitis B (Hep B) , Polio (IPV)
6 months-18 years	Influenza (flu) (yearly)
12-15 months	Haemophilus influenzae type b (Hib), Pneumococcal Conjugate Vaccine (PCV), Measles, Mumps and Rubella (MMR), Varicella (chicken pox)
12-23 months	Hepatitis A (Hep A) (2 doses)
15-18 months	Diphtheria, Tetanus and acellular Pertussis (DTaP)
4-6 years	Diphtheria, Tetanus and acellular Pertussis (DTaP), Polio (IPV), Measles, Mumps and Rubella (MMR), Varicella (chicken pox)
11-12 years	Tetanus, Diphtheria and acellular Pertussis (Tdap), Human Papilloma Virus (HPV) (3 doses), Meningococcal Conjugate Vaccine (MCV)
16-18 years	Meningococcal Conjugate Vaccine (MCV) booster