

Administration of Inhalant Medications Practice

Student Name: _____ Date: ____/____/20____

Scoring Key: ✓ = Successful completion ✗ = Unsuccessful completion NA = Not Applicable

IF INDIVIDUAL IS NOT INDEPENDENTLY SELF-MEDICATING the authorized staff person:

Pre-Preparation

- () 1. Chooses an area appropriate to administer medications. (May be done verbally in the classroom.)
- () 2. Attends to task of administering medications even with distraction.
- () 3. Reviews Individual Service Plan (ISP)/Training Program for individual in Self-Administration of Medication.

Preparation

- () 4. Gathers necessary materials for administering medication(s). (facial tissues)
- () 5. Removes medication from locked storage and re-locks storage cabinet/container.
- () 6. Obtains the correct Medication Administration Record (MAR) for the individual receiving medication(s).
 - () a. Matches the individual's name on the MAR with the individual's name on the medication Container(s).
 - () b. Identifies individual by checking and matching the name/picture on the MAR. (Uses the most appropriate identification method considering any communication limitations.)
 - () c. Checks the MAR for allergies to make sure the individual is not allergic to the medication.
 - () d. Check the MAR for required pre-administration procedures and completes it/them before administering medication(s).
 - () e. Checks the MAR for any restrictions related to medication administration.
- () 7. As appropriate, teaches self-administration procedure to individual according to the ISP/Training Program Protocol.
- () 8. Observes the individual before administration for later documentation and for conditions that may preclude safe administration. If such conditions are present, does not administer the medication, reports the condition immediately to the nurse and follows agency policy. If conditions indicate that medication administration is safe, continues the medication administration process.
- () 9. Washes hands before preparing the medication(s).

Administration of Medication

- () 10. Checks, by reading/matching MAR information and stating aloud (or murmuring), the "7 Rights" of Medication Administration (Individual/Person, Record, Drug, Dose, Time scheduled, Route, Texture) at each of the following steps.
 - () a. When removing inhalant medication container from box/basket/cabinet.

Training Program

- () b. When preparing the inhalant medication for administration.
 - () c. Just before returning the disassembled inhalant medication container to box/basket/cabinet.
 - () 11. Administers the medication correctly by:
 - () a. attaching the stem of the canister to the mouthpiece so the inhaler looks like an “L”.
 - () b. shaking the canister to distribute the drug within the pressurized chamber.
 - () c. having she/he slowly exhale through pursed lips.
 - () d. having the individual seal her/his lips around the mouthpiece with the canister base pointing up.
 - () e. assuring that the individual’s lips are still sealed around the mouthpiece, compressing the canister between the thumb and fingers and instructing the individual to inhale and continue inhaling for as long as possible.
 - () f. releasing the pressure on the canister, gently withdraw the mouthpiece from the individual’s lips.
 - () 12. Observes the individual for immediate reaction to the medication
 - () 13. **Documentation** – marks the MAR for each medication immediately following medication administration indicating the individual has taken the medication.
 - () 14. Cleans up area and secures the medications in the locked container/storage/cabinet.
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IF INDIVIDUAL IS SELF-MEDICATING the authorized staff person:

- () 1. Observes the individual before administration for later documentation and for conditions that may preclude safe administration. If such conditions are present, does not permit the individual to consume the medication, reports the condition immediately to the nurse and follows agency policy. If conditions indicate that medication administration is safe, permits the individual to consume the medication.
- () 2. Assists the individual to remove her/his medication from the secured/locked storage as needed.
- () 3. If necessary, reviews the safe procedure for administering medications with the individual. The authorized staff person observes the individual:
 - () a. assemble the canister stem to the hole of the mouthpiece so the inhaler looks like an “L”.
 - () b. shake the canister to distribute the drug within the pressurized chamber.
 - () c. slowly exhale through pursed lips.
 - () d. seal her/his lips around the mouthpiece.
 - () e. compress the canister between her/his thumb and fingers and inhales at the same time.
 - () f. release the pressure on the canister, withdraws the mouthpiece, and continues inhaling as long as possible.
 - () g. hold her/his breath for a few seconds and then exhale slowly through pursed lips

- () h. disassemble the inhaler, recap the canister and replace it in the locked cabinet/container.
- () 4. Observes the individual to insure the medications is administered properly and for immediate reaction to the medication. If the authorized staff person observes an error in technique, if possible, she/he prevents the error and instructs the individual in the correct method of administration.
- () 5. **Documentation** – follows agency policy and procedure for documenting medication consumption for an individual who is self-medicating.
- () 6. Follows the ISP, makes sure the area is cleaned and the medications are re-secured in a locked container/storage/cabinet.