

Presenter's Script:

The module we will be covering today deals with the medical aspects of your job and the people you will be supporting. The topics range from information on precautionary measures you should take to control infections and prevent diseases, recognize symptoms, understand how germs are spread, hand washing, glove use, confidentiality and concerns of older adults. Please take some time to look over the topics we will be discussing that are listed in the Table of Contents.

The on the Job Training *Activities* (OJTs) covered in this module are:**Name of OJT Activity**

Hand Washing

Removing Disposable Gloves

Trainer's Note: The OJT's in this section are for practice only. They are not meant to replace performance of the OJT/CBTAs in Appendix 3.

Materials needed for this module:

- Scratch paper for the trainees
- Marker board for the presenter
- Glow Germ liquid
- Glow Germ powder
- black light
- extension cord
- sink
- soap, towels
- disposable gloves in necessary sizes

Principles of Support Activity:

Materials needed:

Scratch paper for the trainees
Marker board for the presenter

Presenter's script:

As a DSP, your role is to provide supports to the people with whom you will be working. While providing those supports, there are certain principles, or guidelines you will need to remember.

The principles are listed in your notebook. After you have reviewed the ones listed in your notebook, we will divide up into six groups and I will assign one of these principles to each group. Think of ways you might practice the principle assigned to your group.

(DSPs can discuss the suggestions in their notebooks or they may have other suggested guidelines they would like to discuss)

On a Marker Board write these 6 major principles of support:

- **Safety**
- **Privacy**
- **Dignity**
- **Communication**
- **Infection Control**
- **Independence**

Divide the class into six groups and assign one principal to each group and read the question* (see below) for each category for the respective group to consider. Allow them five minutes for them to jot down their ideas on scrap paper. After five minutes, ask each group to read and discuss their ideas on how they would practice the principle they were assigned and write their responses under each category.

1. Safety

*What are some things you might do which could keep both you and the individuals you'll be supporting safe from accidents and injury?

2. Dignity

*What are some ways you can provide dignity for the individuals you will be supporting?

3. Privacy

*What are ways that you can ensure privacy for the individuals you will be supporting?

4. Communication

*Why and how should you communicate with individuals?

5. Infection Control

*What can you do to avoid the spread of infections?

6. Independence

*How can you encourage independence in the people you will be supporting?

CONTROLLING THE SPREAD OF GERMS

Presenter's Script:

How Germs Are Spread

One of the main reasons people get sick is that they pick up germs from a variety of sources. Knowing how germs are spread can help you remember ways you can prevent the spread of germs.

Let's review how germs can be spread by direct contact, indirect contact, or droplet spread.

It is VERY important that you not transmit infection to the people you will be supporting.

The BEST way to control the spread of germs is by washing your hands.

Now we will discuss the proper technique for hand washing.

Review OJT hand-washing activity. Have the trainees practice washing hands with a partner review and instructor review. They are to check off each box after successful completion of each step.

Discuss ways they might know when 30 seconds is over (for example, sing a song, count, etc.).

Glow Germ Powder Activity

Assemble the materials for the activity:

Glow Germ liquid
Glow Germ powder
black light
extension cord
sink
soap, towels
disposable gloves in necessary sizes

Instructions:

After having touched a variety of people, objects, etc., turn on a black light. Using an extension cord, walk around the room and shine the black light on the places you touched.

Presenter's Script:

I put an invisible powder on my hands before you came in. Let's say this powder represents the germs you could spread. Let's use the black light to see where they have spread. This represents the spread of "germs."

Use black light to see the powder (germs) on tables, people, books, etc. Comment on how much the "germs" were spread.

Ordering Information:

Glo Germ
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Fax: 435-259-5930
Email: dma@glogerm.com
Website: <http://www.glogerm.com/>

Answers to Ways to Prevent Germ Transmission Exercise

- Wear disposable gloves and remove correctly.
- Wash hands frequently with soap and water using clean towel to dry.
- Cover mouth & nose when sneezing or coughing.
- Wear goggles when necessary.
- Clean stethoscope, etc., with alcohol wipe.
- Clean tub/shower with bleach solution.
- Have people use a fresh, clean washcloth each time.
- Have people bathe from the top down.
- Use fresh, clean water for each bath.
- Disinfect bodily fluid spills with 1/4 cup bleach per gallon of water (1:10 solution).
- Handling soiled laundry as little as possible.
- Wash soiled clothing and linens separately from other clothes.
- Use paper towels throughout the house.
- Make sure people follow good hand-washing practices.
- Keep clean and soiled hands away from the face and other areas of the body.
- Each person must use own toiletries and equipment (combs, razors, etc.).
- If cloth towels are used, they must be washed frequently and stored in the person's room.
- Clean contaminated surfaces frequently (kitchen counters, toilets, sinks, bathtubs, showers, floor, doorknobs, telephones, etc.).
- Do not rinse mop in kitchen sink.
- Put sponge in dishwasher or microwave after washing dishes.
- Use a cleaning solution of 1/4 cup bleach to 1 gallon of water for cleaning bathrooms, floors, and places where people are diapered or where they have been incontinent.

OJT Practice Activity - Removing Disposable Gloves

Presenter's Script:

Although there's no special way to put on gloves, we will be learning the proper way to remove them.

*Get a partner and check off whether the proper steps are done.
Then I will check you.*